



AERIAL MVMT

PILATES STUDIO

PLANNING 2025

LUNDI MARDI MERCREDI JEUDI VENDREDI SAMEDI DIMANCHE

					10:00 INITIATION TOURNUS	10:00 TOURNUS
	11:00 JESSICA	11:00 STEPHEN			11:00 TOURNUS	11:00 TOURNUS
12:00 STEPHEN	12:15 MANALI	12:15 SARAH	12:00 STEPHEN	12:15 M-C		
13:00 STEPHEN	13:20 JESSICA		13:00 STEPHEN	13:15 M-C		
	17:15 M-C	17:00 SARAH	17:15 ALISA	17:00 M-C		
18:15 MANALI	18:15 MANALI	18:00 SARAH	18:30 STEPHEN	18:00 SARAH		
19:10 MANALI	19:10 MANALI	19:00 STEPHEN				

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