

# PLANNING 2025



AERIAL MVMT  
PILATES STUDIO

LUNDI MARDI MERCREDI JEUDI VENDREDI SAMEDI

7:00  
STEPHEN

10:00  
INITIATION  
TOURNUS

11:00  
JESSICA

11:00  
STEPHEN

11:00  
TOURNUS

12:00  
STEPHEN

12:15  
CAROLE

12:15  
CAROLE

12:00  
STEPHEN

12:15  
M-C

13:00  
STEPHEN

13:15  
CAROLE

13:00  
STEPHEN

13:15  
M-C

17:15  
M-C

17:00  
CAROLE

17:15  
ALISA

17:00  
M-C

18:15  
MANALI

18:15  
MANALI

18:00  
CAROLE

18:45  
STEPHEN

19:10  
MANALI

19:10  
MANALI

19:00  
STEPHEN